

# Korea BEST TAEKWONDO

403 Hancock St, Quincy MA 02171

Tel : 617 481 6404 [WWW.BESTTAEKWONDO.ORG](http://WWW.BESTTAEKWONDO.ORG)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					10:00am All Level Children	10:00am All Level Children
3:30pm All Level Children	3:30pm All Level Children	3:30pm All Level Children	3:30pm All Level Children	3:30pm All Level Children	11:00am All Level Children Sparring	11:00am All Level Children
4:30pm All Level Children	4:30pm All Level Children	4:30pm All Level Children	4:30pm All Level Children	4:30pm All Level Children Sparring	12:00pm All Level Adult / Teen	12:00pm All Level Adult / Teen
5:30pm All Level Adult / Teen	5:30pm All Level Adult / Teen	5:30pm All Level Adult / Teen	5:30pm All Level Adult / Teen	5:30pm All Level Adult / Teen		
6:30pm All Level Adult / Teen Sparring	6:30pm All Level Adult / Teen	6:30pm All Level Adult / Teen	6:30pm All Level Adult / Teen	6:30pm All Level Adult / Teen		

Thank you for training with us.

Grand Master Seo

617 481 6404